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EDUCATION

SODEXO DIETETIC INTERNSHIP, **Region 3**

Expected date of verification 05/20/22

Concentration: Critical Care MNT

Clinical Rotation: Mount Sinai South Nassau (MSSN), Oceanside, NY

- Preform nutrition assessments using the NCP of various disease states
- Complete nutritional assessments on patients with multiple comorbidities, screen for malnutrition, and spend extended time in intensive care units (ICU, CCU, Respiratory Care Unit) requiring nutrition support
- Represent the nutrition department during medical rounds for all patients
- Assess and manage complex enteral and parenteral feeding regimens
- Analyze emerging research for application in dietetics practice via Professional Research Presentation (PRP) "The Therapeutic Effects of Probiotics on Glycemic Control in Patients with Type 2 Diabetes"

Community Rotation: Island Harvest, Nassau Community College CSTEP program, MSSN Outpatient Dialysis Center

- Develop appropriate nutritional education for individuals while respecting, cultural diversity, age and educational background in a respectful manner
- Use effective education and collaborative counseling skills to assist in behavior change across the lifespan

Food Service Management Rotation: Mount Sinai South Nassau, Oceanside, NY

- Develop, coordinate, market, implement, and provide a nutrition education and marketing event
- Conduct research and implement a solution concerning a system that causes a problem or inefficiency in the food service department
- Apply leadership skills while conducting in-services for employees
- Obtain patient preferences, meal choices and identify appropriate alternate choices for different therapeutic diets using Sodexo's dining software Health Touch®
- Promote ecologically sustainable food systems that promote less waste

CUNY, QUEENS COLLEGE, Flushing, NY

Sept. 2020

Bachelor of Science, Nutrition and Dietetics

WORK EXPERIENCE

LIJ FOREST HILLS HOSPITAL, FOREST HILLS, NY

Dietetic Technician

June 2020 – Sept. 2021

- Assist patients in making appropriate menu selections
- Modify diets to comply with the hospital dietitian's order

GLEN COVE HOSPITAL, GLEN COVE, NY

Dietetic Technician

October 2019– June 2020

- Assist patients in making appropriate menu selections
 - Modify diets to comply with the hospital dietitian's order
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SKILLS/ORGANIZATIONS

Proficient in the use of Sunrise/Citrix Electronic Medical Record Software, Health touch system Software, Microsoft Office, and Google Docs

Strong interpersonal, communication, and collaborative skills